

Route Description - Goddess Run – 10K Route

Turn by Turn Instructions:

- Start in Bus Lane at Belmont School
- Head westbound along Glen Lake Road to Roundabout in the right lane at Alouette and Parkdale (Stay in right lane)
- Bear right around the traffic circle onto Parkdale Dr.
- Continue straight to the end of Parkdale Dr.
- Turn right onto the walking path. (Barrier needs to be unlocked)
- Turn left on path and go over the covered bridge to West Shore Parkway
- Cross West Shore Parkway and continue along trail path
- Continue along path and follow until you reach Irwin
- Turn left at Irwin Road
- Continue along Irwin to stop sign at Humpback Road
- Turn left onto Humpback and continue past the Humpback Reservoir and Mt Wells Regional Park and 3100 Humpback Road
- The turnaround will be marked and volunteers will be there
- Retrace steps along Irwin, passing the trail exit to Meridian Avenue (Entering Westhills New Development)
- Turn left on Meridian Avenue
- Turn right on Constellation Avenue (enjoy the downhill)
- Turn right on the sidewalk at West Shore Parkway
- Continue to the corner of West Shore Parkway and the roundabout at Langford Parkway
- Cross at the crosswalk with the help of Traffic Control
- Turn right on crosswalk heading south parallel to West Shore Parkway
- Turn left on the path and go over the covered bridge to walking path
- Turn right onto walking path to Parkdale Drive
- Turn left onto Parkdale Drive and continue on the sidewalk to the roundabout at Alouette and Glen Lake Road
- Continue in the bike lane / sidewalk along Glen Lake Road to Belmont School Field Gate
- Turn left through the Field Gate and finish on Belmont Field

Goddess Run – 5K Route - (Same Route as 10 but turns around earlier on Irwin Road)

Turn by Turn Instructions:

- Start in Bus Lane at Belmont School
- Head westbound along Glen Lake Road to Roundabout in the right lane at Alouette and Parkdale (Stay in right lane)
- Bear right around the traffic circle onto Parkdale Dr.
- Continue straight to the end of Parkdale Dr.
- Turn right onto the walking path. (Barrier needs to be unlocked)
- Turn left on path and go over the covered bridge to West Shore Parkway
- Cross West Shore Parkway and continue along trail path
- Continue along path and follow until you reach Irwin
- Turn left at Irwin Road
- Continue along Irwin to turnaround before Humpback Road Stop Sign – turnaround will be marked / volunteers will be there
- Retrace steps along Irwin, passing the trail exit to Meridian Avenue (Entering Westhills New Development)
- Turn left on Meridian Avenue
- Turn right on Constellation Avenue (enjoy the downhill)
- Turn right on the sidewalk at West Shore Parkway
- Continue to the corner of West Shore Parkway and the roundabout at Langford Parkway
- Cross at the crosswalk with the help of Traffic Control
- Turn right on crosswalk heading south parallel to West Shore Parkway
- Turn left on the path and go over the covered bridge to walking path
- Turn right onto walking path to Parkdale Drive
- Turn left onto Parkdale Drive and continue on the sidewalk to the roundabout at Alouette and Glen Lake Road
- Continue in the bike lane / sidewalk along Glen Lake Road to Belmont School Field Gate
- Turn left through the Field Gate and finish on Belmont Field